

June 2010

Fort Ann Central School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Student Breakfast - \$1.05 Lunch - \$1.55 Milk - \$.45	1 Spicy Chicken Nuggets Green Beans Pears	2 Turkey & Cheese Sandwich Carrot Sticks w/ranch Orange	3 French Toast Sticks w/syrup Sausage Patty Applesauce	4 Chicken Parmesan Mashed Potatoes Peaches
7 Egg, Cheese & Canadian Bacon on a Biscuit Sweet Potatoes Raisins	8 Ham and Cheese Sandwich Cottage Cheese Mixed Fruit	9 B.L.T. Wrap Celery Sticks w/ranch Apple	10 Chicken Fajita Green Peas Pineapple	11 Grilled Cheese Sandwich Tomato Soup Orange
14 Baked Mac & Cheese Sliced Carrots Apple	15 Spicy Chicken Wrap White Rice Pears	16 BBQ Pork on a bun Corn Cookie (TFF)	17 Tuna Melt Peas Strawberries	18 Spaghetti w/sauce Italian Bread Pudding
21 Chicken Patty on a bun Green Beans Mixed Fruit	22 Cheeseburger/Hamburger Corn Applesauce	HAVE A GREAT SUMMER		
			Daily Alternates: Chicken Nuggets Pepperoni Pizza Subs & Sandwiches Chef Salad Hamburger or Cheeseburger	SPECIAL'S Mon – Hot Dogs Tue & Fri – Tacos Wed – Pasta Thurs – Chef Salad

All meals are served with a choice of milk (Skim,1%, 1/2% chocolate) The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A activity should write to the Secretary of Agriculture, Washington, D.C. 20250. Menu subject to change without notice.

June 2010

Fort Ann Central School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Student Breakfast - \$1.05 Lunch - \$1.55 Milk - \$.45	1 Bagel w/cream cheese Chilled Juice or Fresh Fruit	2 Oven Fresh Cinnamon Bun Chilled Juice or Fresh Fruit FREE BREAKFAST	3 Breakfast Nacho's Chilled Juice or Fresh Fruit	4 Scrambled Eggs Chilled Juice or Fresh Fruit
7 Assorted Muffins Chilled Juice or Fresh Fruit	8 Pancakes w/syrup Chilled Juice or Fresh Fruit	9 Oven Fresh Cinnamon Bun Chilled Juice or Fresh Fruit FREE BREAKFAST	10 French Toast Sticks w/syrup Chilled Juice or Fresh Fruit	11 Egg, Cheese & Canadian Bacon on a Biscuit Chilled Juice or Fresh Fruit
14 Oatmeal Chilled Juice or Fresh Fruit	15 Chocolate Chip Muffin Chilled Juice or Fresh Fruit	16 Oven Fresh Cinnamon Bun Chilled Juice or Fresh Fruit FREE BREAKFAST	17 Waffles w/syrup Chilled Juice or Fresh Fruit	18 Egg & Cheese Omelet Chilled Juice or Fresh Fruit
21 Chocolate Chip Granola Bar Chilled Juice or Fresh Fruit	22 Assorted Cereal Chilled Juice or Fresh Fruit	23 Oven Fresh Cinnamon Bun Chilled Juice or Fresh Fruit FREE BREAKFAST		

All meals are served with a choice of milk (Skim, 1%, or 1/2% Chocolate) The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A activity should write to the Secretary of Agriculture, Washington, D.C. 20250. Menu subject to change without notice.

Questions? Please Call Mary Howerton 639-5594 ext 52055